springville

Women's Volleyball Rules



NET HEIGHT

For the Women's League the net height shall be 7' 4 1/8"

COURT

Playing at CHERRY CREEK: Women's League will play Red lines and the dotted yellow line _____ Playing at SUMMIT CENTER: Women's League will play Red lines

SERVING AREA

In the Women's League you must serve behind the Red Line

- 1 Server may take one step over the Red serving line, but must serve before the Blue Line
- 2 You can serve anywhere behind the Red Line
- 3 You CANNOT attack a serve (Spike) or (Block) ~ You can bump it or set it.
- 4 If you have a bad toss on the serve, DO NOT catch it, let it hit the ground, and serve again

SCORING

- A. Rally scoring will be used.
- E. Games will be played to 25 points for Games 1 & 2 (cap at 27) Game 3 will be played to 15 Points (cap at 17)
- F. Reach the cap or win by 2 points

PLAYING THE GAME

- A. Maximum of three hits per side.
- B. A block is **NOT** considered a hit.
- C. Ball may be played off the net during a volley and on serve.
- D. A ball touching a boundary line is **GOOD**.
- F. Anything from the foot up is considered legal as long as it's not kicked
- G. If the ball hits the ceiling on your side and comes down on your side ~ Play it.
- H. If the ball hits the ceiling and goes over the net ~ illegal and a point will be awarded.
- I. You CANNOT play the ball off the wall.
- J. Playing at CHERRY CREEK: If the ball hits the basketball standards directly above the net it will be considered a playable ball if it comes back on your side...if it goes over...point awarded Side baskets on the North wall will be a "Judgement Replay"
 - Playing at SUMMIT CENTER: If the ball hits the basketball standards anywhere above the court on your side PLAY ITI
- K. You are allowed two 30 second time-outs per game.
- L. You must have 4 players by game time to start ~ Forfeit time is 10 minutes after game time (example: 6:30 PM game...Forfeit time is 6:40 PM for the first game). If a team does not have 4 players after 20 minutes of the scheduled game time the match will be a forfeit.
- M Only players who have paid and are on the roster will be allowed to play. You must play in at least 2 matches to be eligible to play in the league tournament. Substitutes are NOT allowed to play unless they pay and are on the roster bottom line...NO substitute players

ROTATION

- A. Team will rotate each time they win the serve
- B. Players shall rotate in a clockwise manner
- C. There shall be 4 6 players on each side
- D. Rotate IN/OUT to serve

BASIC VIOLATIONS

- A. Failure to serve the ball over the net successfully
- B. Hitting the ball illegally (Carrying, Palming, Throwing, etc.)
- C. It is illegal to touch the top of the net or any part of the net
- D. Failure to serve in the correct order
- E. Crossing over the center line ~ You can step on it, but NOT over it

SCHEDULES

Make sure you check your schedules carefully - doubleheaders each time

C League always plays at the Summit Center

Lower B always plays at the Summit Center.

A League and Upper B Leagues play at Cherry Creek Elementary south gym

FYI

REST ROOMS are just outside the gym door.

* You will need to show your drivers license for each game You CANNOT warm up in the school halls. NO BALLS in the halls

